

# TIGER TALES

FROSTWOOD ELEMENTARY SCHOOL/12214 MEMORIAL DRIVE, HOUSTON, TEXAS 77024

## SPECIAL DATES

**3/27** - Green Tigers meeting  
7:15 am in Library

**3/28** - Staff Appreciation Luncheon; Auction website closes

**4/1** - STAAR Testing

**4/2** - STAAR Testing; PTA Meeting 11:30 in Community Room

**4/3** - Frostwood Shopping Night @ Athleta

Tiger Tales is the semi-monthly publication of the Frostwood PTA. Submissions for the next Tiger Tales are due every other Thursday before the next Tuesday issue. Please submit articles to:  
[lisacaroline123@gmail.com](mailto:lisacaroline123@gmail.com)

## FROSTWOOD GENERAL NEWS

**PTA MEETING APRIL 2-** Mark your calendars for the next PTA meeting on Wednesday, April 2 at 11:30 in the Frostwood Community Room. You won't want to miss it! *Tracey Rogan, PTA President*

**PTA NEEDS YOU!** - Planning for the 2014 – 2015 school year has begun and we need your help! Please join our volunteer force. All skill sets are needed and you may participate at any level of commitment that you can make. Examples of positions which need to be filled include Auction, Carnival, Field Day, 5<sup>th</sup> grade chair positions, School Supplies, Odyssey of the Mind, Discovery/Science Lab, and more. For your reference, the current chair positions filled by the PTA can be found at <http://frostwoodpta.digitalpto.com/files/2014/01/2013-2014-Chairmans-emails-only-for-website-8-22-13.pdf>. Do any of these peek your interest? Want to join our army of volunteers and have the privilege to serve the Frostwood community? Please contact Keri Bassett, Incoming 2014-2015 President, at [keribassett@sbcglobal.net](mailto:keribassett@sbcglobal.net) or 713-824-3614. Thank you to everyone for supporting the Frostwood PTA!

**PROJECT STUDY-** During the Wednesday, April 2<sup>nd</sup>, PTA meeting, a Project Study recommendation and vote will be held regarding staff positions for the 2014-2015 school year. The detailed recommendation for staff positions will be available on the PTA website beginning Thursday, March 27<sup>th</sup>. A special thanks to the Project Study committee (Erin Bounds, Teri DeFazio, Stephanie Green, Carrie Pearson, and Sarah Zaozirny) for their hard work! If you have any questions, please contact Keri Bassett at [keribassett@sbcglobal.net](mailto:keribassett@sbcglobal.net) or 713-824-3614.

**ATHLETA FROSTWOOD NIGHT** - Shop, Chat, Eat, Repeat! The last Athleta shopping night was cancelled due to crummy weather but Spring is FINALLY here! Join your friends, **Thursday, April 3, from 6:00-8:00 PM** for a Frostwood Elementary Shopping Night. Spruce up your wardrobe while enjoying light refreshments and 10% of all proceeds benefit our great school. You can even use those handy gift cards you've been saving. The cute spring clothes are calling so we hope to see you there!

## **FROSTWOOD GENERAL NEWS**

**TREASURER'S REPORT** - *Do you still have expenses you need reimbursed for a PTA funded event or project this year? Have you received a check from the PTA this year but you haven't had a chance to deposit it? We are starting to wind down the budget year. If you still have receipts you need to turn in, please do that as soon as you can. It helps us to know how much money we have spent, so we know how much is available for Project Study. Reimbursement forms are available on the PTA website and copies are located in the PTA Treasurer mailbox in the Teacher Workroom. If you've received a check and you haven't had a chance to cash it, please do that too! If you think you should have received a check by now and you haven't, please let me know and I can issue a new one. We are going to start cleaning up our uncashed checks faster than we've been able to do in the past, so you'll notice all checks now say they're "void within 180 days." And finally, we are starting the budgeting process for next year. If you are a current or incoming Chair and you have thoughts on the budget for your committee or position, you can email me at [suzannefarrow@att.net](mailto:suzannefarrow@att.net) so your ideas can be considered before the budget is final. Suzanne Farrow, PTA Treasurer*

**BOOK SWAP** - Thank you to all the families who participated in this year's annual Book Swap! Just over 200 students brought over 900 books to swap with one another. What a success! Happy reading!  
*Ara Hardig and Whitney Gormley, Book Swap Co-chairs*

## **INTERNATIONAL FESTIVAL NEWS**

**Got Decorations? Want to Help with Country Tents? International Festival NEEDS YOU!** This year we are going to have some NEW Country Themed Tents on display at Ifest and we need your help collecting some of the decorations! See the list below and contact the coordinators directly if you have anything to lend or if you would like to help decorate a country tent. If you would like to help but are not sure what you want to do, or if you would like more information, please contact Lisa Lauter – Education/ Library ([chiplaut@comcast.net](mailto:chiplaut@comcast.net)); Mimi Luc – Decorations ([mimiluc@comcast.net](mailto:mimiluc@comcast.net)); or Virginia Johnson – Parade ([freytesfamily@hotmail.com](mailto:freytesfamily@hotmail.com))

**COSTA RICA Tent** – Coordinator Melissa Daniel needs more decorations and volunteers to help with this tent! Please contact her at [melissapdaniel@gmail.com](mailto:melissapdaniel@gmail.com)

**INDIA Tent** – Rajee Krishnamurthy is collecting more decorations and is looking for volunteers. If you are from India OR Pakistan or have an interest in the region, she would love to hear from you! She can be reached at [rajee@me.com](mailto:rajee@me.com)

**CHINA Tent** - needs more Chinese decorations and wishes to invite more Frostwood Chinese families to help. Please contact Qingwu Yang at [yqingwu@gmail.com](mailto:yqingwu@gmail.com) or 713-277-5736

**KOREA Tent** – needs more Korean decorations. Please contact Hyekyung Dong at [lime0311@gmail.com](mailto:lime0311@gmail.com)

**VIETNAM Tent** – specifically this Tent needs more Vietnamese dolls and posters or larger pictures of scenes in Vietnam. If you have anything to contribute, please contact Debbie Bang, [nhanbang@hotmail.com](mailto:nhanbang@hotmail.com) Everyone and everything is welcome!

**PHOTOS AND POSTCARDS** – We are collecting photographs of Frostwood Students taken at iconic locations and landmarks around the world. If you have any of these snapshots to share, please label the back of the photo with name of student, place and year it was taken and have your child drop them off at the front office. If you have any old postcards that you no longer want to keep, please drop those off too!

## **AUCTION NEWS**

The Big Game is over and Team Frostwood has celebrated on the pitcher's mound. It's almost time for the lights to go out in the stadium and the 2013-2014 Field of Dreams Auction season to be over once and for all! [Http://bidpal.net/fwefiresale](http://bidpal.net/fwefiresale) will close **THIS Friday, March 28, at 10:00 PM.**

Is summer quickly approaching and you are wondering how to keep your little tigers occupied? Check out item **#648 for a week at the ever popular Camp Chapelwood**. Does the searing heat of summer wear on your little team? Item **#10004 will keep you cool at the bowling alley** conveniently located on Bunker Hill Drive. Is March Madness starting to make you just plain mad? **#4015 will keep ALL of the coaching staff happy**. Are you tired of making lunches and want your little Tiger to have an extra special lunch that is sure to be a grand slam? **Items #4039 (Kindergarten), #4058 (Second) and #4088 (Fifth) will hit a home run!** Are you a big fan of the Vine Wine Room? **Check out #649 for a fun NEW auction party!** These are just a sampling of many fantastic items still for sale but hurry as the sale is ending SOON!

For a complete listing of all auction parties in chronological order, please go to [www.frostwoodpta.com](http://www.frostwoodpta.com). Email us at [info@fwefieldofdreams.com](mailto:info@fwefieldofdreams.com) with any questions. Thank you for your incredible support!

## **LIBRARY CORNER**

**Hop To It forms are due on March 31<sup>st</sup>.** The forms are on the PTA website under the category "Library." Students in grades K-2 who turn their forms in will be invited to the fun Hop To It party.

**A new reading incentive for grades K-5 is the Countdown Club.** Students who read 600 minutes can receive a free Schlitterbahn Water Park ticket. See the flyer at the end of Tiger Tales for more information. Those who have participated in Hop To It may just replicate the titles and minutes read to this new log to get credit for time spent reading. Students in grades 3-5 may go back to March 1 to write time spent reading to receive this incentive. These forms are **due April 15<sup>th</sup>.**

**Authors Katie Clark and Sarah Wynne will visit Frostwood** students in grades K-2 this month on April 16<sup>th</sup> and 17<sup>th</sup>. Both of these ladies are from our area. Students will splash into ***River Royals Master the Mississippi*** with Eliza Jane and Henry as they take a wild ride down the Mississippi River in hopes of being crowned King and Queen of the New Orleans Mardi Gras. Filled with local culture, geography and history of the Mississippi River Basin, this imaginative journey takes children through ten states where they meet new friends, as colorful as the states from which they hail, who also want crowns.

## GREEN TIGERS NEWS

**Next Green Tigers Meeting** - The next meeting for Green Tigers will be held on **Thursday, March 27<sup>th</sup> at 7:15am in the Library**. Green Tigers will welcome Mr. Michael Sherer who is excited to come to Frostwood and present on the Texas Parks and Wildlife Angler Education Program.

**Single Stream Recycling at Frostwood!** - What is Single Stream Recycling? Effective immediately, **paper, cardboard, plastic bottles and soda cans** can all be collected in all recycling bins at Frostwood and the custodians will see that it gets recycled in the new collection bin on campus. Please help remind your students to recycle these items in their classroom. Every bit of waste diverted from landfills by recycling helps preserve our environment for our children's future.

**Electronics Recycling – Saturday April 5<sup>th</sup> – Save the date!** - On April 5<sup>th</sup> we will be holding our first ever Electronics Recycling event in conjunction with the Student Council Carwash! We will need parents and kids to help work the event for a short time on the morning of April 5<sup>th</sup>. Please sign-up below for a short 30 minute time slot to help collect the recyclables as cars pull in to the bus circle.  
[www.SignUpGenius.com/go/4090B4BA8AD2EA20-ecycle](http://www.SignUpGenius.com/go/4090B4BA8AD2EA20-ecycle)

**Upcoming Events – March 29<sup>th</sup> – Earth Hour** - One hour. 60 minutes. 3,600 seconds. And hundreds of millions of people. Every year, people around the world participate in Earth Hour by turning off their lights. With this simple act, they make a big statement: the world's environmental issues don't have to overwhelm us. We can tackle them, one hour at a time. It's so easy to get involved: Turn off your lights on Saturday, March 29, at 8:30 pm wherever you are. More details at: <http://www.earthhour.org/>

## HEALTHY LIFESTYLES NEWS

**GARDEN NEWS** - The garden has been planted thanks to the help of students from every grade as well as KSHAC and Green Tigers. Beautiful weather made for two great days of planting with students, staff and parents. Thank you to all the parents and staff that volunteered their time to assist with the planting both days. We could not have done it without your help. We are also very grateful for the gardening expertise of *PJ Whitehouse of Heights Plant Farm*. She and her husband generously supplied us with the soil, plants and their time for the garden. Now we look forward to watching it grow and all the great experiences it will bring our school.

**SALAD BAR NEWS** - The trial phase of the salad bar has now officially ended. Healthy Lifestyles members will be meeting with the district's nutrition department to bring them all of the feedback we've acquired. Thank you to the many parents that volunteered on salad bar days in the cafeteria.

**MEETING NEWS** - The next Healthy Lifestyles meeting will be **Thursday, April 17<sup>th</sup> at 11:30** am in the multi-purpose room of FWE. Please watch the next Tiger Tales for the date and time of the next KSHAC meeting.

**HEALTHY SPRING RECIPE** - Mint and Green peas are a classic spring combination. If you're a fan of edamame, use it in place of either the green peas or fava beans. See the recipe at the end of this Tiger Tales!

## **KINDERGARTEN NEWS**

There is no Kindergarten grade specific news at this time. Stay tuned!

## **1st GRADE NEWS**

There is no 1st grade specific news at this time. Stay tuned!

## **2nd GRADE NEWS**

There is no 2nd grade specific news at this time. Stay tuned!

## **3rd GRADE NEWS**

There is no 3rd grade specific news at this time. Stay tuned!

## **4th GRADE NEWS**

There is no 4th grade specific news at this time. Stay tuned!

## **5th GRADE NEWS**

**Calling All 5<sup>th</sup> Grade Parents** - You are invited to attend an information session about the countdown to 5<sup>th</sup> grade graduation and the transition to middle school. We hope you will join us on **Wednesday, April 9, 9:30-10:30am in the Community Room**. Ms. Mayer will speak to us about what is scheduled for our 5<sup>th</sup> graders in their final weeks at Frostwood. You will also hear from a panel of current middle school moms who will discuss different aspects of life at Memorial Middle School and will answer more of your questions and concerns. Hope to see you there! *5<sup>th</sup> Grade Peer Group Chairs: Susan McMillan & Inga Smith*

# Attention: Friends of Frostwood



Do you have old electronics in need of recycling?

Frostwood Elementary

12214 Memorial Dr. Houston, TX 77024

**Saturday April 5<sup>th</sup>**

**9am - 12 noon**

During the FWE Car Wash - Gessner Parking Lot  
(In Conjunction w/ Student Council & Green Tigers)

Rather than having the mercury, lead, cadmium, and other toxic components inside our modern day electronics dumped in landfills or overseas, your employer can help recycle responsibly with CompuCycle.

About the e-cycling process:

- CompuCycle will collect and transport your electronics safely to the Houston based processing facility.
- All hard drives and media will be shredded.
- No landfills, no export, no exceptions. CompuCycle is Houston's first R2 Certified Electronics Recycler. All equipment will be recycled according to the R2, Responsible Recycling Guidelines, which is accredited by the EPA.

## ITEMS ACCEPTED:

- CPUs/PCs
- Monitors
- Keyboards
- Computer Mice
- Routers/hubs/switches
- Laptops
- Printers
- Fax Machines
- Power Cords & other cords
- Cell Phones/Telephones
- Servers
- DVD Players/VCRs
- Game consoles
- Cameras
- Radios and Clocks
- Small kitchen appliances
- Rechargeable batteries
- Projectors
- Hard Drives/Tape Drives
- CDs/Floppy Disks/VHS Tapes
- UPS/Power Strips
- Hair Dryers/Curling Irons
- TVs (27" or smaller)

## ITEMS NOT ACCEPTED:

- Vacuum Cleaners
- Refrigerators
- Washing Machines
- Weed Eaters
- Alkane Batteries



Responsible E-cycling Solutions.

**CompuCycle, Inc.**  
7700 Kempwood Drive  
Houston, TX 77055

[www.compucycle.net](http://www.compucycle.net)  
713.869.6700



# Dear Family

YOUR CHILD CAN EARN A **FREE ADMISSION TO SCHLITTERBAHN GALVESTON ISLAND WATERPARK THIS SUMMER!!!**

**NEW FOR 2014!** Schlitterbahn has teamed up with Knowledge Unlimited, Inc. and your child's school to promote reading. With your help, we'd like to offer each student who completes 10 hours of recreational reading a **FREE** ticket to Schlitterbahn Galveston Island Waterpark.

## Here's how it works:

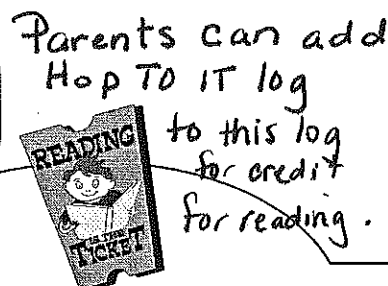
- Students in grades K to 5 in participating schools are eligible.
- Your child brought home a tally sheet with this letter. Use this sheet to write down all the things he or she reads, and the number of minutes your child spends reading. Then date and initial each reading session. *This sheet must be signed by a parent or family member and returned when completed or your child may not be awarded a ticket.*
- Make sure your child reads for at least 600 minutes or 10 hours total over the course of the next several weeks.
- Reading must be completed by the date written on this letter by the teacher or coordinator and on the front of the tally sheet. Your child **MUST** turn **ALL SIGNED** tally sheets in to his or her teacher by this date — in order to be eligible for the free ticket.
- Reading to complete school assignments doesn't count for the Countdown Club. But any other reading — books, comic books, magazines, newspapers, online reading, you name it — counts, provided it's recreational reading.
- You can read to your child, your child can read aloud to you, or your child can read alone. It all counts toward the 10 hours for the Club.
- If your child completes 10 hours of reading and turns in the tally sheets on time, he or she will receive a ticket good for 1 free child's admission to Schlitterbahn Galveston Island Waterpark! *Everyone who completes 600 minutes of reading will earn a free admission ticket!* There are no obligations, and there's no cost to you! Tickets earned may only be used by the child who earned them — they are not transferable to another sibling or child. Tickets are valid June 8 - October 12, 2014, excluding Saturdays in July and August.

We hope that you take part in this exciting program. It's a great way to motivate your child to read and to get ready for a day of family fun at Schlitterbahn Galveston Island Waterpark!

Return your tally sheet(s) to the teacher by:

*April 15, 2014*

(date to be filled in by Reading Club Coordinator)







Mint and Green peas are a classic spring combination. If you're a fan of edamame, use it in place of either the green peas or fava beans

### **Fava, Sweet Pea, and Sugar Snap Salad**

**(Yield: 8 servings, serving size ½ cup)**

2 cups of shelled fava beans

2 cups of sugar snap peas

1 cup green peas

¼ cup of thinly sliced fresh mint

2 ounces of thinly sliced prosciutto

3 tablespoons red wine vinegar

1 tablespoon extra virgin olive oil

2 teaspoons Dijon mustard

¼ teaspoon of salt

¼ teaspoon freshly ground black pepper

Remove beans from pods if needed and discard pods. Cook beans and snap peas in boiling water for 1 minute or until snap peas are crisp-tender. Remove beans and snap peas with a slotted spoon. Plunge beans and snap peas into ice water, drain. Remove tough outer layer from the Fava beans.

Combine beans, snap peas, green peas, mint and prosciutto in a large bowl. Combine vinegar and remaining ingredients in a small bowl; stir with a whisk. Pour over bean mixture, and toss well.

#### **Nutrition Facts:**

Calories: 99

Calories from fat: 29%

Fat: 3.2g

Saturated fat: 0.7g

Monounsaturated fat: 1.4g

Polyunsaturated fat: 0.4g

Protein: 6.6g

Carbohydrate : 11.7g

Fiber: 4g

Cholesterol: 6mg

Iron: 1.9mg

Sodium: 276mg

Calcium: 44mg

Source: [cookinglight.com](http://cookinglight.com)