

# TIGER TALES

FROSTWOOD ELEMENTARY SCHOOL/11339 BRITOAK, HOUSTON, TEXAS 77079

## SPECIAL DATES

**11/11-11/17** - Book Fair  
@ Barnes & Noble Town &  
Country; Frostwood  
Recycles Week

**11/11-11/15** - Frostwood  
Recycles Week

**11/13** - CIT Meeting

**11/15** - Staff  
Appreciation Luncheon

**11/20** - 4th Grade Field  
Trip to George Ranch

**11/20-12/18** - window  
for GT testing

**11/21** - Green Tigers  
Meeting @ 7:30 in Room  
330

Tiger Tales is the semi-monthly publication of the Frostwood PTA. Submissions for the next Tiger Tales are due every other Thursday before the next Tuesday issue. Please submit articles to:  
[lisacaroline123@gmail.com](mailto:lisacaroline123@gmail.com)

## FROSTWOOD GENERAL NEWS

**BOOK FAIR IS HERE!** - all week at Town & Country Barnes & Noble, through Sunday, November 17th! Don't miss out on **Family Nights: Tuesday, November 12th and Thursday, November 14th from 5:00-8:00 pm.** Tuesday night, Bluebonnet award winning author Susan Stevens Crummel will be reading at 6:00 pm. Thursday night, also at 6:00 pm, Idea Lab will be on hand to get creative with lava lamps! **Chick Fil A** will be on hand selling chicken nuggets, sandwiches, chips & cookies. **\*\*Cash only for Chick Fil A.** New this year are **Library Bookplates.** Stop by the library donation table to help support the new library with a new title! Mrs. Branon has picked some great books...make this the best gathering of books ever! Every book donated to the library will receive a commemorative Frostwood bookplate in the front cover listing your child's name. **Remember to give the cashier's ID# 11197183** so Frostwood will receive a percentage of the proceeds.

## NOMINATING COMMITTEE TO BEGIN

**SLATING 2014-2015 PTA EXECUTIVE BOARD** - At the recent PTA General Meeting, the Nominating Committee was formed. Thank you to *Christy Engvall, Whitney Gormley, Janice Kalinia, Kristi Robishaw, Mickie Strait and alternate Janice Teske* for agreeing to serve. The Nominating Committee will begin meeting soon to put together next year's PTA Executive Board. If you have an interest in serving or know someone that would make a great candidate, please contact any of these committee members. The Nominating Committee would love to hear from you! *Tracey Rogan, PTA President*

**PTA MEETING MINUTES NOW ONLINE** -The Minutes from the November 6, 2013 General PTA Meeting are posted on the [Frostwood PTA website](#) and are password protected. The password is Tigers13. Please contact Connie Jones at [cfloresjones@sbcglobal.net](mailto:cfloresjones@sbcglobal.net) if you have any questions or comments. The Minutes will be approved at the next General PTA meeting on February 5, 2014.

**ART NEWS**, by Jane Salinas, Art Specialist

Thank you Frostwood artists for sharing your artwork at the Book Fair! Don't miss the great artwork that students have been working on since the beginning of the year! Stop by the Book Fair at Barnes and Noble and take a look. The following students' art will be on display:

**Kinder**

Luke Beaver  
Claire Besetsny  
Elizabeth Gormley  
Katherine Hayes  
Elika Lee  
Peyton LeFevre  
Alexandra Molokin  
Ellika Shahbazi  
Winston Wu  
Victoria Yi

**1st**

Lauren Chang  
Jinyoung Chung  
Sophia Fan  
Marin Goebel  
Vivian Jones  
Matthew Li  
Kate Malta  
Katherine Prewett  
Judy Yang

**2nd**

Ayla Akin  
Madeline Besetsny  
Tony Buie  
Grace Coker  
Seth Engvall  
Marina Georgiadis  
Deveny Gilmore  
Hope Hoang  
Jerry Zhang

**3rd**

Erin Dunn  
Georgia Eyster  
Jordan Heath

Caroline Holub  
Abby Morace  
Yuri Nagao  
Christopher Salha  
Maya Tsai  
Sophia Vanderhorst  
Crystal Yang  
Victoria Zhao

**4th**

Robert Boase  
Samantha Cousins  
Clara Creed  
Mitchell DeAyala  
Trey Engvall  
Tyler Kaneda  
Na-Im Kim  
Sydney La  
Archie Martin  
Thomas Moody  
Bennett Odegard  
Reagan Sanders  
Courtney Treadwell  
Soo Yang

**5th**

Lisa Calderon  
Chase Dalton  
Ben Dodson  
Christina Engles  
Joe Kang  
Sophie Lee  
Kunyang Li  
Gabrielle Miller  
Ben Mosely  
Lainey Pearson  
Katelyn Treadwell  
James Todd

## GREEN TIGERS NEWS

A huge Thank-you to all the Green Tigers that painted Rain Barrels on November 3th and to Roxana Dorobantu for organizing the activity and giving the kids great instructions and encouragement. The Rain Barrels look amazing and Whole Foods is thrilled with how they turned out! Whole Foods will sell them to raise awareness about Rainwater collection, and the proceeds will be donated to charity. Way to go Green Tigers!! The barrels will be on display in the cafeteria on November 14 and 15th during Frostwood Recycles Week.

**Frostwood Recycles Week - November 11-15, 2013** - This annual week-long event will raise awareness about recycling in our community. The week's events will be as follows:

**Monday November 11 – Plastic Grocery Bag Recycling** - students will be encouraged to bring in plastic grocery bags that will be collected for recycling.

**Tuesday November 12 - Plastic Grocery Bag Recycling** - students will be encouraged to bring in plastic grocery bags that will be collected for recycling.

**Wednesday November 13** – Garbage-Free Lunch Day. Students are encouraged to bring in a garbage-free lunch. For ideas on what makes a Garbage-Free Lunch, click here: <http://www.wastefreelunches.org/>

**Thursday November 14** – Recycled Art Day. Students are invited to bring in and display in the cafeteria any art creations made from recycled materials in the cafeteria. The painted Rainbarrels will also be on display on Thursday.

**Friday November 15** – America Recycles Day! Students will be asked to wear green to recognize America Recycles Day. The Mascot "Reuzette Wisely" from Houston Waste Management will make a special appearance during lunch time and America Recycles Day stickers will be handed out to all students.

**Recycle Bowl Competiton - October 21- November 15** - This competition is coming to an end but you can still **drop off your paper recycling in the Green/Yellow Abitibi bins in the school parking lot** (not the one in the Westchester parking lot). Frostwood came in 2nd place in Texas two years ago due to these community collection bins.

**Green Cup Recycle Challenge is underway!** - This month long activity will help us learn if we are "Recycling Right". Green Tiger kids will be surveying 20 randomly selected classrooms to keep track of the number of "correct" and "incorrect" trash bins and recycling bins. Trash in the trash bins, recyclables in the recycling bins. Results will be reported through the Green Cup Challenge website for this Nationwide contest. Let's try to win "Most Improved School" by making sure we put recyclables (paper) in the blue classroom recycling bins and garbage in the trash bins. Classes lose points by having garbage in the recycling bins and recyclables in the trash. Green Tigers challenges all Frostwood Tigers to "Recycle Right"!

**Next Green Tigers Meeting - Thursday November 21st at 7:30am** in Room 330. A special Frostwood teacher will be presenting on Butterfly Gardening and Integrated Pest Management as we get ready to start growing at our new campus!

# REFLECTIONS

## **Creative Arts Contest Winners**

We had a total of 85 entries (56 Visual Arts, 8 Photography, 5 Musical Composition, 10 Literature and 6 Dance Choreography) for Reflections this year! All the students who entered enjoyed a fun cookie party with their parents where ribbons were handed out and the winners moving on to district were announced. (See below for a list of the winners.) We would like to thank *Memorial Dance, City Artworks and Lidia Gubrynowicz* (piano instructor) for judging the entries. They were extremely impressed with all the work this year. Be sure to get an early start on next year's entry as the theme is already set for 2014: "The World Would Be A Better Place If..."

### **List of REFLECTIONS 2013 WINNERS**

#### **Visual Arts (Grades K-2)**

Elika Lee  
Minsun Kim  
Lily Johnson  
Jeffrey Liu  
Isabella Reisen  
Abigail Zhang

#### **Visual Arts (Grades 3-5)**

Minkin Kim  
Joshua Lee  
Elizabeth Moreno  
Jieun Yang  
Sarah Hailemichael  
Elizabeth Berry

#### **Photography (Grades K-2)**

Maggie Lu  
Hayden Halaska

#### **Photography (Grades 3-5)**

Dominic Cestero

#### **Literature (Grades K-2)**

Charlotte Hardig

#### **Literature (Grades 3-5)**

Sodom Lee

#### **Musical Composition (Grades K-2)**

Sonia Rio  
Sonia Rio

#### **Musical Composition (Grades 3-5)**

Seira Masuda

#### **Dance Choreography (Grades K-2)**

Kiran Rio

#### **Dance Choreography (Grades 3-5)**

Alice Ma

## **HEALTHY LIFESTYLES NEWS**

**Healthy Lifestyles Committee** - The next meeting of the year will be Thursday, November 14th at 11 am at the home of Heather Rexrode, 11926 Wink. If you are interested in being a part of this committee contact Heather Rexrode at [hrexrode@yahoo.com](mailto:hrexrode@yahoo.com) or Heather Schueppert at [heather@evolutionstrategy.com](mailto:heather@evolutionstrategy.com)

**KSHAC-Kids School Healthy Advisory Council** - Members of KSHAC played a key role during Wellness Week by making informational posters about physical fitness and nutrition. They also did research on the 4 types of lettuce our students taste tested and presented what they learned about their nutritional value to them. Please see the Healthy Ranch Dressing recipe the kids tasted, below. Way to go KSHAC!!! The next meeting will be on Thursday, November 14th at 7:30am in the FWE library. At this meeting we will be talking about the challenges for our 1st ever Healthy Challenge Week in January. We will also be taking a photo of the KSHAC members for the yearbook that morning too, so please try to make it. There will not be a December meeting due to the impending move to the new campus.

**Healthy Ranch Recipe** - Here it is!!! I know many of your kids have been asking for this recipe following the lettuce taste test during Wellness Week and I'm so happy they are! I would encourage you to let them help you make it, so they can see how easy it is to do.

### **Healthy Ranch Recipe**

1/3 Cup 2% Greek style yogurt ( I used Fage)  
1/3 Cup low fat Buttermilk  
1 ½ teaspoons lemon juice  
1 teaspoon Dijon mustard  
½ teaspoon onion powder  
¼ teaspoon garlic powder  
1 tablespoon finely chopped fresh Chives  
1 tablespoon finely chopped fresh Dill  
1 clove finely chopped garlic  
2 tablespoons freshly grated Parmesan  
Salt to taste

Combine all ingredients in a Mason jar and shake well. Refrigerate for a few hours to let all the flavors mix and to thicken it up (it will be thin when mixed initially.) Test it and tweak according to your taste. This doubles easily too. Enjoy! You can also click [here](#) to see a comparison chart of spinach vs. lettuce.

## **KINDERGARTEN NEWS**

There is no Kindergarten specific news at this time. Stay tuned !

## **1st GRADE NEWS**

There is no 1st grade specific news at this time. Stay tuned!

## **2nd GRADE NEWS**

There is no 2nd grade specific news at this time. Stay tuned!

## **3rd GRADE NEWS**

There is no 3rd grade specific news at this time. Stay tuned!

## **4th GRADE NEWS**

There is no 4th grade specific news at this time. Stay tuned!

## **5th GRADE NEWS**

**Hear Ye, Hear Ye! Calling All Fifth Grade Students!** - Colonial Day is coming on **Wednesday, December 4, 2013**. Come dressed as your favorite "Colonial" character and we will experience life as it was back in the 17th century. Parents we need volunteers to help facilitate the afternoon program. Be on the look out for "Sign Up Genius" notices so you can plan your day, bring food for tasting and help the teachers with the program. Students, prepare to take part in fun games and crafts from this important period in our Nation's history. Please call *Jenny Cali* (713-703-9888) if you would like to volunteer or if you have any questions about Colonial Day. The 5th Grade Teachers have planned an exciting look into Colonial times and you won't want to miss it.

### **CHOIR NEWS** - from Julie Sykes, Music Teacher

**Uniforms** - Our choir shirts will be coming home with your children soon! Remember, if you purchased the PTA school supplies, then your shirt cost has been paid through the school supply fee. If not, please send \$7.00 to the PTA with an attached note with your child's name on it.

***Please remember that you are responsible for getting the rest of the choir uniform: DARK BLACK PANTS (If the pants have belt loops, wear a black belt.) BLACK SHOES (These can be tennis shoes or nice dress shoes with no heels.)*** During performances, the students should not wear jewelry and should have their hair pulled away from their faces so we can see their lovely smiles! The students need to wear their uniforms for all of our performances. Our December performances are all in the same week! Hopefully you will have time to wash the uniform between performances.

### **Performances Dates :**

**Monday, December 16th: 8:30 a.m.** Dress Rehearsal for the school at the Westchester Auditorium

**Tuesday, December 17th: 6:30 p.m.** Evening Performance at Westchester Auditorium

**Thursday, December 19th 6:00-6:30 p.m.** Optional performance at the NEW FROSTWOOD BUILDING during the open house.