

# TIGER TALES

FROSTWOOD ELEMENTARY SCHOOL/11339 BRITOAK, HOUSTON, TEXAS 77079

## SPECIAL DATES

**10/16** - Boosterthon pledge collections due

**10/17** - KSHAC Meeting

**10/18** - Student Council Meeting; Staff Appreciation Luncheon

**10/23** - Octavia Spencer Author Visit

**10/24** - Green Tigers Meeting 7:30 am; Early Dismissal- Parent Conferences

**10/25** - Early Dismissal- Parent Conferences

**10/26** - Carnival @ Bunker Hill Elementary

**10/21-20/31** - Recycle Bowl

**10/28-10/31** - Wellness Week

## FROSTWOOD GENERAL NEWS

### NEW SCHOOL HOURS TO TAKE EFFECT

**1/7/14** - When Frostwood moves to its new building and students return from winter break on January 7th, 2014, please note that we will revert to our old school hours of 8:00 a.m. - 3:00 p.m. *Ellen Green, Principal*

### PLEASE DO NOT USE WESTCHESTER A.I.S.

**CAFETERIA LINE** - We have had a request to refrain from using the food line for Westchester in the cafeteria. Westchester could lose its Free and Reduced Federal funding because the meal requirements differ between elementary, middle and high schools. *Ellen Green, Principal*

**PTA MINUTES NOW ONLINE** - The Minutes from the October 2, 2013 General PTA Meeting are posted on the [Frostwood PTA website](#) and are password protected. The password is Tigers13. Please contact Connie Jones at [cfloresjones@sbcglobal.net](mailto:cfloresjones@sbcglobal.net) if you have any questions or comments. The Minutes will be approved at the next General PTA meeting in November.

### BOOSTERTHON PLEDGES DUE NOW -

Boosterthon will have its 2nd collection of pledges on **October 16th**. Please get your child's pledges in so we can meet our great goal! We can take pledges on-line at [www.funrun.com](http://www.funrun.com). We need to collect 100%! Contact Dayna Beardsley at [daynatb@gmail.com](mailto:daynatb@gmail.com) with any questions.

**STUDENT COUNCIL NEWS** - Student Council members: don't forget our first meeting on **Friday, October 18th at 7:35 am!**

Tiger Tales is the semi-monthly publication of the Frostwood PTA. Submissions for the next Tiger Tales are due every other Thursday before the next Tuesday issue. Please submit articles to: [lisacaroline123@gmail.com](mailto:lisacaroline123@gmail.com)

## **FROSTWOOD GENERAL NEWS**

**2013-2014 DIRECTORIES HOT OFF THE PRESS!** - Directories have arrived and the books have been distributed! If you have any questions about your directories or you would like to purchase another big book or additional mini books, please reach out to Keri Bassett at [keribassett@sbcglobal.net](mailto:keribassett@sbcglobal.net).

**BOX TOPS DUE** - The first Box Tops submission deadline is at the end of October. Please use the collection sheet recently sent home or print one from the PTA website to submit your Box Tops. Only 25 regular Box Tops can be pasted/taped to the submission form. All BONUS Box Tops must be sent separately in a baggie. Submit all Box Tops through your child's backpack, the mailbox located in the car line, or place them in the box in the front office. **Final collection for this deadline will be October 29th.** Questions? Contact *Jana Johnson* at [jana.h.johnson@gmail.com](mailto:jana.h.johnson@gmail.com).

**REFLECTIONS PTA CREATIVE ARTS CONTEST** - Students who enter REFLECTIONS are invited to the **Participation Party Friday, November 8 at 2:15PM** with refreshments, awards & more. This National PTA Creative Arts contest is a program in which your child can draw, paint, write a story, poem or letter, make a photo or collage, compose music, choreograph a dance, or create a short film, to express the 2013 theme: **BELIEVE, DREAM, INSPIRE.** **Entry Collection Dates (in Frostwood library):** Wednesday, October 16 from 3:00-3:30PM, Friday, October 18 from 7:45-8:15AM, Wednesday, October 23 from 7:45-8:15AM, Wednesday, October 23 from 3:00-3:30PM. Click [here](#) for more information and an entry form.

**WELLNESS WEEK COMING SOON** - Parents please plan to join us in health fitness one day during the week of **October 28-November 1, 2013.** We want to promote health and wellness in our community by inviting all parents to attend their child's health fitness class. Dress in your workout clothes and tennis shoes so you, too can participate in the activities. Click [here](#) to see the schedule of Wellness Week Events as well as a class schedule and plan to come one day during this week

**MMS 2013 HOLIDAY HOME TOUR ADVANCE TICKETS SALES** - The deadline for advance tickets purchases for Memorial Middle School's annual Holiday Home Tour is Tuesday, December 3rd. The Holiday Home Tour takes place on **Friday, December 6th** from 10:00 a.m.-2:30 p.m. Click [here](#) for a purchase form.

**STRATFORD H.S. "PROJECT PLAYHOUSE" THINKS PINK** - The Stratford Thespian Troupe will host their annual "Project Playhouse" event on **Saturday, November 2nd** at Stratford High School from 9-12. This year's theme is based on the upcoming Playhouse musical "Legally Blonde". **Elementary age students (grades PK-5) are invited to take part in the event** which provides community outreach and helps raise funds to support Thespian projects in the Memorial area. The Thespians teach the children a dance number from the musical, and have them take part in singing, making costumes, working on props, and learning what it takes to do "musical theatre". After the session, the students will perform for their parents, and then can attend the afternoon matinee of the show. For more information and to download the signup form, please go to the Playhouse website at [www.shsplayhouse.org](http://www.shsplayhouse.org).

## FROSTWOOD'S RED, WHITE & YOU CARNIVAL

Put the **Y-O-U** in the **Red**, White & **You**, visit [www.frostwoodpta.com/carnival](http://www.frostwoodpta.com/carnival) for all Frostwood Carnival Information!

**Carnival Tickets** - Avoid long lines on Carnival Day and receive a discount when you pre-purchase your tickets. Beginning October 16th and running through October 22nd, you can order and pay for your carnival tickets by visiting the Frostwood PTA website at [www.frostwoodpta.com](http://www.frostwoodpta.com). Carnival Tickets will come home with your oldest child on October 23rd. If you have questions - contact Teri DeFazio at 713-817-6965 or [teridefazio@yahoo.com](mailto:teridefazio@yahoo.com).

**Raffle Tickets** - Raffle Tickets will be sent home with your child on October 16th. There are so many great raffle prizes this year, including an iPad Mini, Jawbone Speaker, Sony Playstation Vita, Texans Tickets and a Yeti Cooler.

**Bake Sale Donations** – New this year- the Carnival Sugar Shack! This is a No Bake Opportunity . . . we only want your “dough”! Donate [here](#) and we will do the work for you. You can also sign up [here](#) to bring 2 treats to donate for the Cake Walk. Drop off your donations on the tables in the Cafeteria beginning at 12:15 p.m. on the early dismissal days of October 24 & 25. If you prefer, you may drop them off at Jana Johnson’s home at 12730 Pebblebrook. Contact Jana at [jana.h.johnson@gmail.com](mailto:jana.h.johnson@gmail.com) if you have any questions.

**Classroom Booth Volunteers** - You should be hearing soon from your Classroom Carnival Chair regarding signing up to work a shift at the carnival.

**5th Graders ONLY.....Slime Dunk Tank** – It is the 5th graders rite of passage to be the ones “in” the slime tank. Details coming soon.

Carnival will be on October 26th, 2013 from 11:00am-3:00pm at Bunker Hill Elementary School - 11950 Taylorcrest, 77024.

Be on the lookout for more information about Raffle, classroom booth volunteers and more. Your **Red**, White and **You** Carnival Co-Chairs: *Berklee Baay, Neely Besetsny, Melinda Prewett, Jaime Wischoff*

## FIELD OF DREAMS AUCTION PICTURES

Are your little All-Stars picture ready? Jack Perry of Perry Video and Photography is again stepping up to the plate to offer professional photographs of the MVPs in your life. **The season is short as there are only two Sundays (October 20 and October 27) from which to choose.** Many former teammates have enjoyed these portrait sessions to knock out Holiday cards and gifts. Don't be left in the dugout, go to [perryvideo.com](http://perryvideo.com) to see the times and locations offered. Please bring the \$75 session fee, payable to Frostwood PTA, to your portrait appointment. The session fee helps to underwrite our Field of Dreams Auction. All images hosted online for print and digital purchase. Please note that the photographs will not be printed in an auction catalog or on the Frostwood PTA website.

## **LIBRARY CORNER**

**Two Author Visits in October and November** - For grades 3-5, **Octavia Spencer**, best known for her role as Minny, the outspoken maid in the 2011 film *The Help* for which she won the Academy Award for "Best Supporting Actress" will be speaking on **October 23rd**. She has written a children's middle grade novel *Randi Rhodes Ninja Detective, The Case of the Time Capsule Bandit*. She will be sharing her exciting ideas for writing with our students at the Westchester theatre. **Susan Stevens Crummel**, one of our very favorite returning authors, will be visiting Frostwood for grades K-2 on **November 11th**, the first day of our great Barnes and Noble book fair. She is a Texas Bluebonnet Award Winner and New York Times bestseller author. Her interactive presentations highlight her "fly off the shelf" books in the library. *The Little Red Pen, Help Me Mr. Mutt, The Great Fuzz Frenzy, and Cock-a-Doodle Doo* are some great titles. She will be visiting the Barnes and Noble book fair on November 12th for the library night to sign her books.

**Texas Bluebonnet Award Books** - It is time for the Texas Bluebonnet Award season! Students read 5 books from a state list of 20 books, a combination of some quality written picture and chapter books, to vote and come to the very big Frostwood Bluebonnet party in January. The master book log is kept by the language arts teachers. The list can be found at <http://www.txla.org/tba->

## **HEALTHY LIFESTYLES NEWS**

**Healthy Lifestyles Committee** - Do you have a passion for healthy living and want to help promote it at Frostwood? The **next meeting of the year will be Wednesday, November 6th from 10-11 am** at the home of Heather Rexrode, 11926 Wink. (we will all head to the PTA meeting afterwards) Be on the lookout for our new healthy tips and recipes section in *Tiger Tales*. If you are interested in joining the committee or want to learn more, contact Heather Rexrode at [hrexrode@yahoo.com](mailto:hrexrode@yahoo.com) or Heather Schueppert at [heather@evolutionstrategy.com](mailto:heather@evolutionstrategy.com).

**KSHAC Kids School Healthy Advisory Council** - KSHAC is a newly formed council that will come up with ways to promote health and wellness throughout the Frostwood campus while acting as healthy mentors to the student body. KSHAC is for 4th and 5th graders only. If you think your son or daughter may be interested, have them attend the **next meeting on Thursday, October 17th at 7:30 am** in the Frostwood library. They also need to sign up on the Frostwood PTA website under [FrostwoodPTA/KSHAC](http://FrostwoodPTA/KSHAC). Contact Heather Rexrode with questions at [hrexrode@yahoo.com](mailto:hrexrode@yahoo.com).

**The Great Pumpkin** - Pumpkin is a nutritional powerhouse but the real punch comes from the seeds! So make sure to save the seeds when carving your pumpkins this year! Pumpkin Seeds:

- Contain 8 important nutrients, which help prevent cellular damage- Vitamin C, Vitamin E, Magnesium, Potassium, Zinc, Iron, Alpha and beta carotenoids, Lutein
- Help support healthy kidneys and bladder
- Help lower cholesterol
- Help with digestive health
- Prevent Osteoporosis
- Are high in protein
- Contain essential fatty acids

**Here are some easy tips to incorporate pumpkin seeds into your daily diet:** Add raw pumpkin seeds to trail mix, cereal or oatmeal; spread pumpkin seed butter on toast; add pumpkin seeds to waffles, muffins or baked goods; add toasted pumpkin seeds to chili, pasta, rice or salads. [Click here for a recipe for roasted pumpkin seeds!](#)

## GREEN TIGERS NEWS

**Meeting News** - At the October 10th meeting we had an entertaining visit from The Aquaman, aka Mr Martinez from WaterWise. The kids all went home with valuable "Waterwise Kits" for measuring and decreasing water use at home. The next meeting will be on **Thursday, October 24 at 7:30 am in room 330**. We will be making posters for Recycle Bowl and Frostwood Recycles Week and gearing up for the Green Cup Challenge. Please save your cereal and clean pizza boxes or cardboard for making posters.

**Field Trip to Waterwise**- Follow the link to sign-up to participate in the Green Tigers field trip to the Waterworks Education Center in Humble on **October 24th**. We need parent volunteers to drive and you can sign up your child here too. Must be a Green Tiger to participate. Permission slips and medical forms will be sent home with students on October 10th. [www.SignUpGenius.com/go/4090B4BA8AD2EA20-field](http://www.SignUpGenius.com/go/4090B4BA8AD2EA20-field)

**Field Trip Permission Forms** - Please return signed permission slips and medical forms to Mrs Buegeler's mailbox in the workroom, or ask your child to bring them to the front office. All students/siblings and parents who are attending/driving must have submitted signed permission forms to participate. Please return forms by October 18th. Forms are available on PTA website by clicking on Enrichment Tab/Green Tigers.

**Carnival Clean-Up** - It has been a long tradition for the Frostwood Cub scouts to assist with Carnival Clean-up as Community Service Activity. For the past several years, Green Tigers and Cub scouts have worked together to do this important job. Please click on the link to sign-up to participate. Green Tigers and Cub scouts will be meeting on the hardtop (covered basketball area) at Bunker Hill at 3pm to collect trash and recyclables. Gloves and bags will be provided. Look for Jackie Castagnoli or Han Ooi. Prizes to those who participate. Sign up here: [www.SignUpGenius.com/go/4090B4BA8AD2EA20-carnival1](http://www.SignUpGenius.com/go/4090B4BA8AD2EA20-carnival1)

**Rain barrel Painting** - has been moved to November 3rd- sign up coming soon.

Keep an eye on Tiger Tales and the Green Tiger Link on the PTA Website (under the Enrichment Tab) for more useful links and information.

## TEACHER APPRECIATION NEWS

**Are You Ready for Some Football?** - After our TIGER TAILGATE lunch last Friday, our wonderful staff is ready! The Teachers' Lounge was decked with footballs & megaphones, & all staff had great seats regardless of what yard line they were on! Everyone scored big with Raising Cane's chicken, broccoli slaw, jalapeño- artichoke dip, fruit salad, & a fabulous selection of homemade desserts! We'd like to thank our COACHING STAFF for their tremendous skills in planning such a fabulous meal- *STACY FARBER* and *JULIE TREADWELL* were our luncheon hostesses this month. Thank you for planning, setting up, & serving! Thank you to our FIRST STRING LINE UP for providing food, drink & paper goods: *Sherri Arbour, Debbie Bang, Leslie Beyer, Jenny Cali, Robin Conner, Katherine Moore, Julie Perry, Mona Rio, Jody Simpson, & Melinda Prewitt*. Special thanks to our MVPs for the fabulous selection of homemade desserts: *Cathy Read, Teresa Skrabanek, & Kristi Voinis*. And, the stadium would not have been as festive without our field crew- the *FWE Auction Team & Grade Level Coffee Hostesses*. Thank you for sharing the Frostwood cups, Field of Dreams megaphones, & kettle corn with our staff! Staff lunches are a team effort, & we couldn't do it without each of you! *Kim Overall & Heather Springer, Staff Appreciation Chairs*

## **KINDERGARTEN NEWS**

There is no Kindergarten specific news at this time. Stay tuned!

## **1st GRADE NEWS**

There is no 1st grade specific news at this time. Stay tuned!

## **2nd GRADE NEWS**

There is no 2nd grade specific news at this time. Stay tuned!

## **3rd GRADE NEWS**

There is no 3rd grade specific news at this time. Stay tuned!

## **4th GRADE NEWS**

There is no 4th grade specific news at this time. Stay tuned!

## **5th GRADE NEWS**

**Save the Date for Colonial Day!** - This year's Colonial Day will be on **Wednesday, December 4th**. Stay tuned for more information about costumes, the day's schedule, and more! Contact Jenny Cali with questions at [jennycali@comcast.net](mailto:jennycali@comcast.net) or 713-703-9888.